

# What should I do when I'm sick or not feeling well\*

## IF you are on Le Creusot Campus (IUT/Condorcet):

You can see the campus nurse in her office (excepting Wednesday and weekends), IUT premises: 12 rue de la Fonderie, 71200 Le Creusot for guidance

Campus nurse: [Ingrid.Barnay@u-bourgogne.fr](mailto:Ingrid.Barnay@u-bourgogne.fr) / Information: <https://iutlecreusot.u-bourgogne.fr/vie-sur-le-campus/prevention-sante.html>

In case of **course absence** kindly inform [admin.vibot@u-bourgogne.fr](mailto:admin.vibot@u-bourgogne.fr), and your teacher(s)

## Emergency



### Emergency Unit Le Creusot :

Le Creusot hospital ("Hotel Dieu")  
175 Rue Maréchal Foch, Le Creusot



**15:** Samu - **emergency needing medical services** (France only)



**112:** EU wide emergency number.



**17:** Police (France only)



**18:** Fire brigade ("Pompiers") (France only)



IF elsewhere



## Common health problems



**No vital emergency** (e.g. allergy, flu, gastroenteritis, sore throat, common cold...):



Seek advice from a pharmacist (« Pharmacie »)  
or  
Make an appointment with a general practitioner:



\* **03 85 34 71 00** (You'll be asked to choose **#6** to reach their Le Creusot antenna).



\* Online appointment: <https://www.doctolib.fr/>

\* <http://annuaresante.ameli.fr/>



Psychological support (CROUS):

⇒ CROUS <https://www.etudiant.gouv.fr/cid96660/besoin-d-une-aide-psychologique.html> (e.g. Happsly line, English spoken: <http://www.apsytude.com/fr/apsytude/ou-sommes-nous/happsly-line-crous-bfc/>)

⇒ <https://www.student-support.info/> (English)

**\* IF you are tested COVID 19 positive/contact case?** See and follow the separate **COVID19 protocol**

Non-European students must also enrol in the French national Social Security system after student registration.

This national scheme is free and **mandatory** for all citizens in France: <https://etudiant-etranger.ameli.fr/#/>

For any Social Security reimbursement/cover related questions:

> **International CPAM helpdesk English spoken: 09 74 75 36 46** (from outside France +33 9 74 75 36 46)



# Additional information

**Update 13 Oct 2021\***—General practitioner consultation options have been put in place:

As from Monday October 11th, one now can book an appointment with a general practitioner through:

⇒ DOCTOLIB appointment platform: [www.doctolib.fr](http://www.doctolib.fr), keyword « Maison Médicale »

⇒ **Telephone: 03.85.77.24.16**

**When ?** On THURSDAYS—from 09.00 to 12.00 and from 13.30 to 17.00

**Where ?** Medical centre: Maison Médicale, 3B Rue Blériot, 71200 LE CREUSOT

**When ?** On MONDAYS—from 09.00 to 12.00 and from 13.30 to 17.00

**Where ?** Medical centre: Maison Médicale, 15 rue d'Autun, 71710 MONTCENIS (village close to, but outside Le Creusot. You need to go by bus).

Information evolves regularly. Always double check exact place of appointment beforehand.