

# What should I do when I'm sick or not feeling well

## IF you are on Le Creusot Campus (IUT/Condorcet):

You can see the campus nurse in her office (excepting Wednesday and weekends), IUT premises: 12 rue de la Fonderie, 71200 Le Creusot for guidance

Campus nurse: [Ingrid.Barnay@u-bourgogne.fr](mailto:Ingrid.Barnay@u-bourgogne.fr) / Information: <https://iutlecreusot.u-bourgogne.fr/vie-sur-le-campus/prevention-sante.html>

In case of **course absence** kindly inform [admin.vibot@u-bourgogne.fr](mailto:admin.vibot@u-bourgogne.fr), and your teacher(s).

## Emergency



### Emergency Unit Le Creusot :

Le Creusot hospital ("Hotel Dieu")  
175 Rue Maréchal Foch, Le Creusot



**15:** Samu - **emergency needing medical services** (France only)



**112:** EU wide emergency number.



**17:** Police (France only)



**18:** Fire brigade ("Pompiers") (France only)



## IF elsewhere



## Common health problems

**No vital emergency** (e.g. allergy, flu, gastroenteritis, sore throat, common cold...):

Seek advice from a pharmacist (« Pharmacie »)  
or  
Make an appointment with a general practitioner:



- **03 85 34 71 00** (You'll be asked to choose **#6** to reach their Le Creusot antenna).
- Online appointment:  
<https://www.doctolib.fr/>  
<https://www.qare.fr/>  
<https://www.maiia.com/>  
<http://annuaire.sante.ameli.fr/>

### Useful links

- CROUS <https://www.etudiant.gouv.fr/cid96660/besoin-d-une-aide-psychologique.html> (e.g. Hapsy line, English spoken: <http://www.apsytude.com/fr/apsytude/ou-sommes-nous/hapsy-line-crous-bfc/>)
- Campus France: <https://www.campusfrance.org/en/healthcare-student-social-security>



International students must also enrol in the French national Social Security system after student registration.

This national scheme is free and **mandatory** for all citizens in France: <https://etudiant-etranger.ameli.fr/#/>

For any Social Security reimbursement/cover related questions:

> **International CPAM helpdesk English spoken: 09 74 75 36 46** (from outside France +33 9 74 75 36 46)

> **Local CPAM office: 4 Avenue de Verdun, 71200 Le Creusot** (appointment required, come with French speaking person)

